

Therapy Recommendations for:

Discipline: ☐ PT ☐ OT ☐ ST

☐ Individual

☐ Group

Frequency: _____

☐ Onsite

☐ Telehealth

Therapy is expected to last _____

Evaluating Therapist's Name _____

E-mail: _____@childrens-specialized.org

Phone: 1-888-CHILDRENS X _____

We encourage you to share these recommendations with your referring physician. We appreciate the privilege of working with your child and family.

Outpatient Facilities

★ Clifton, NJ

★ West Orange, NJ

★ Bayonne, NJ

★ Newark, NJ

★ Union, NJ

★ East Brunswick, NJ

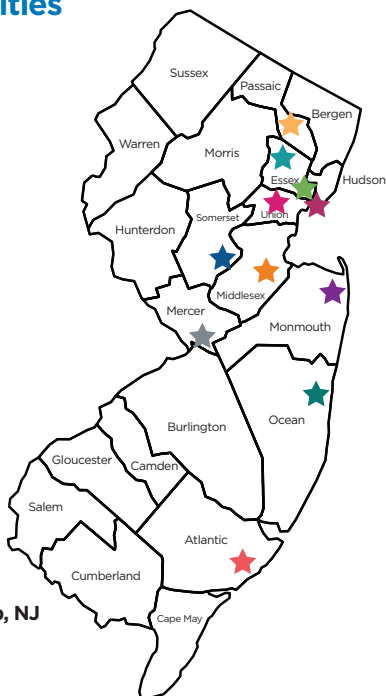
★ Somerset, NJ

★ Eatontown, NJ

★ Hamilton, NJ

★ Toms River, NJ

★ Egg Harbor Township, NJ



RWJBarnabas
HEALTH

**Children's
Specialized
Hospital**



RWJBarnabas
HEALTH

**Children's
Specialized
Hospital**



Your Child's Therapy Journey at
Children's Specialized Hospital:

**Occupational,
Physical &
Speech Therapy**



Therapy at Children's Specialized Hospital

The therapists at Children's Specialized Hospital work closely with your family to help your child reach their full potential for participation in the home and community. Knowing that no two children are alike, we personalize our therapy services to meet the needs of your child and family.

A main goal of therapy is to give you education, training, and skills that you can use at home. This will be done using a hands-on approach throughout your child's therapy journey.

Partnering in Care

Do I need to be present for my child's therapy sessions? Yes, studies show that children achieve set goals, gain functional skills, and demonstrate rapid developmental progress when families and therapists work together. We believe you are the key to helping your child reach their full potential. Your direct involvement in sessions will help your child get the most from therapy.

Our therapists work with your family to create an individualized plan of care and determine a frequency of treatment that fits your child's and family's needs as well as readiness for therapy.



Your Child's Therapy Journey

The therapist will make recommendations based on the evaluation and will continually reassess your child's progress to determine if a change in frequency is needed.

Changes to your child's plan of care may occur when your child moves from one life stage to another, from one functional level to another, from one program to another or from one environment to another (e.g. going from, hospital inpatient to home, going from preschool to school).

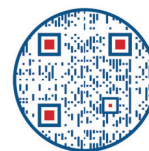
When your anticipated discharge approaches, you and your therapist will have developed a plan for you to continue therapeutic strategies at home.

Where Will Therapy Occur?

We offer both In-person and Telehealth therapy. Both options may be available depending on a variety of factors including your preferences, our clinical recommendations, appointment openings, and insurance coverage.

Sign Up for MyChart to Access Medical Records

MyChart is a secure online platform to access medical records, manage appointments, and send messages to providers. Scan the QR code to learn more at [MyChart.org](https://www.rwjbh.org/mychart).



For further assistance please email MyChart-Support@rwjbh.org, or call our MyChart Patient Support Line at 1-833-764-3570.

Scheduling for Treatment

We are committed to your child and their progress. With this in mind, please know we will do our best to work with you to get appointments that fit your schedule.

Treatment times may vary based on availability. Ask your therapist and/or scheduling team about scheduling options.

Insurance clearance can take up to three full weeks. You will be contacted if there is an insurance issue.

For scheduling, billing or insurance questions, contact us at 1-888-CHILDRENS (244-5373).